

# “Red Flags” – When things go wrong ...

Some of the signs of self-regulation difficulties in children include:

- Ongoing difficulties with concentration (e.g., being unable to listen to a story)
- Looking uninterested in daily activities
- Tantrums that last longer than typical
- Difficulty accepting changes in routine or transitioning between tasks
- Becoming easily upset or worried so they are unable to move on
- Do not engage in ‘meaningful’ play
- Ongoing conflicts with peers



# BE A DETECTIVE ...





**BUT FIRST** ... In order to support children effectively we need to develop an understanding and expectations around what children can and cannot do ...

*(Assessment handout)*

